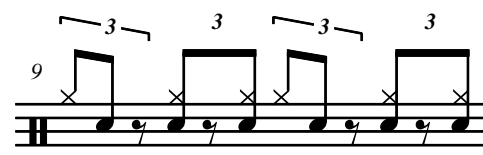
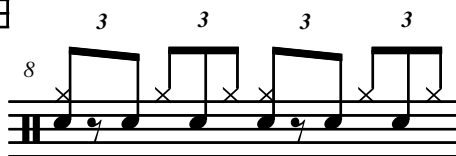
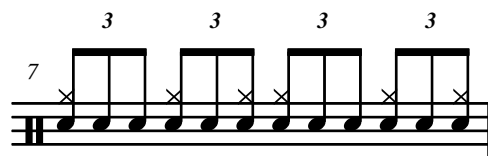
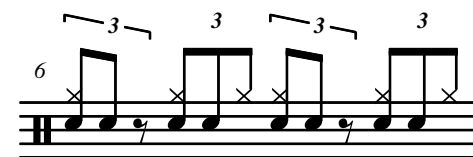
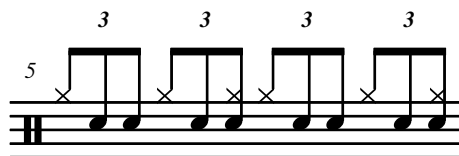
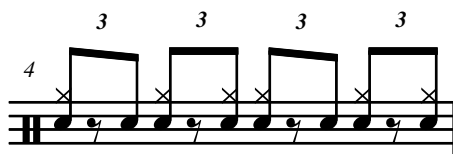
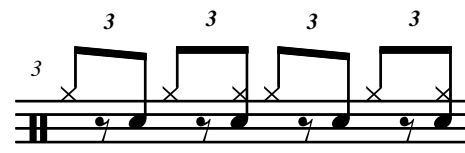
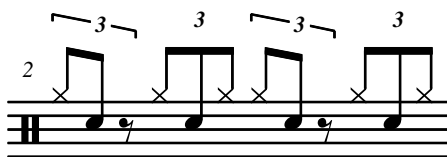
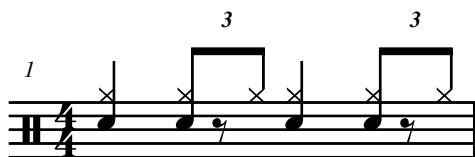


ESSENTIAL JAZZ INDEPENDENCE: PT 1

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KEY:



INSTRUCTIONS:

PRACTICE EXERCISES #1 - 9 UNTIL THEY CAN BE PLAYED THOUGHTLESSLY....IE, WITH EASE. WORK ON THEM SLOWLY AT FIRST, STARTING AT QUARTER NOTE EQUALS 80 BPM. COUNT OUT LOUD WHILE PRACTICING, SAYING "ONE TRIP LET, TWO TRIP LET," ETC. IN ORDER TO ENSURE THAT YOU ARE PLAYING THE TRIPLET PHRASES CORRECTLY. ONCE #'S 1- 9 ARE MASTERED, DEVELOP YOUR COORDINATION FURTHER BY ADDING THE FOLLOWING FOOT OSTINATOS: 1) ALL QUARTER NOTES WITH THE BASS DRUM AND TWO AND FOUR ON THE HI HAT; 2) ONLY TWO AND FOUR ON THE HI HAT; 3) ONLY ALL FOUR QUARTER NOTES WITH THE BASS DRUM; 4) ALL QUARTER NOTES WITH BOTH FEET SIMULTANEOUSLY, 5) ALL QUARTER NOTES WITH ONLY THE LEFT FOOT ON THE HI HATS.