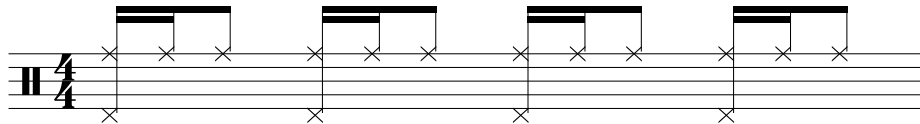


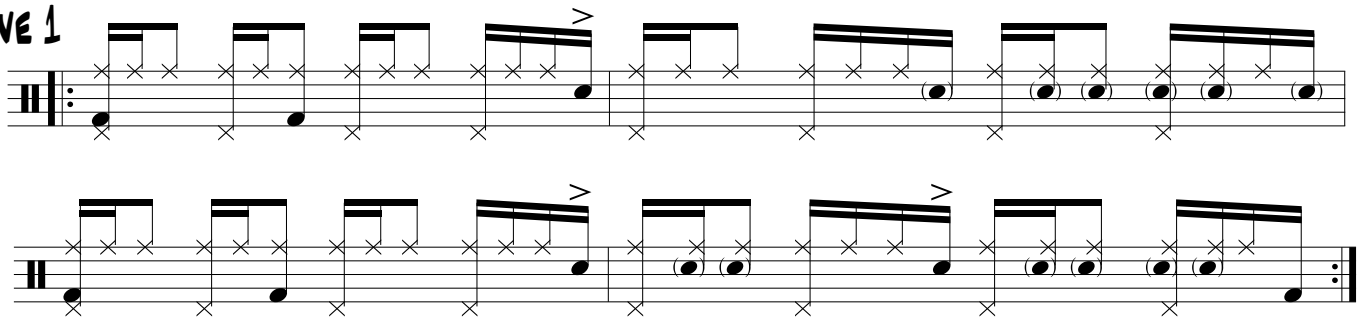
# GROOVE IDEAS USING THE "1-E-AND, 2-E-AND" CYMBAL PATTERN

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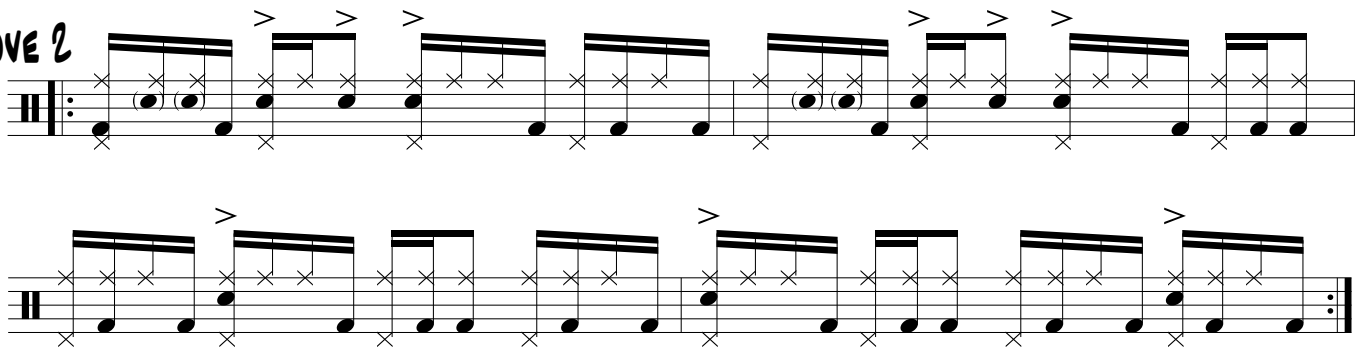
## THE PATTERN:



## GROOVE 1



## GROOVE 2



**KEY**

HI HAT W FOOT      BASS DRUM      GHOSTED SNARE      ACCENTED SNARE      RIDE